

THE SINGER'S GYM

vitality : spontaneity : connection

THE OPERA WORKSHOP

Since 1996 over 700 Bay Area opera singers have taken this workshop. After the long COVID hiatus we are delighted to offer it again in July and August 2022.

Our signature workshop is designed to give each of the ten participants the experience of total connection to what they are singing. This is not a workshop in vocal technique, nor is it an “acting” workshop. Rather, it is a unique blend of practices designed to give you, the singer, the experience of spontaneity, vitality and engagement in what you are singing and in your performance.

The workshop is in four sessions, which span five weeks. Each of the four sessions focuses on a different aspect of connection in performing. The workshop is conducted by Master Coaches [Ben Bernstein and Mark Morash](#).

FOCUS	WE WORK ON	YOU WILL SING
Session 1: THE SCORE	Exploring the nuances of the composer's intention that are in the score.	An aria of your choice
Session 2: THE SPACE	How a singer use the stage space and the space of the venue to communicate.	The same aria
Session 3: CHARACTER	How you embody a character and how that influences your performance.	You will be assigned a duet and with another singer
Session 4: RELATIONSHIP	Connecting directly and deeply with others on the stage with you.	The same duet

DATES

July 16, 23, August 6, 13, 2022

TIME

The workshop runs from 10a-1:30p. A break with refreshments is included.

VENUE

The Singer's Gym works out of the [Lake Park Retirement Community](#), 1850 Alice Street, Oakland. Easily accessible by car and BART.

APPLICATIONS

We admit ten singers. To apply, please submit a brief letter of interest, a resume and a head shot. As well, please submit links to videos of you singing two contrasting arias in two different languages. One of the arias can be in English. The arias should be performed with accompaniment. Please - no pre-recorded tracks as accompaniment. **Application deadline is June 15.**

COST

\$450. Some scholarship funds are available on application. For information email us at thesingersgym@gmail.com.

QUESTIONS?

Email us at thesingersgym@gmail.com

"I have taken so many workshops over the years. Hands down: The Singer's Gym is the best. I learned so much about how to bring my singing alive and in the moment. I used to dread auditions. Now I love them. And I'm getting roles!"

Alice R. Soprano